



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Enders, Michael**

Club: LTV Erfurt

Number: 216

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:27:01

Speed: 14.48 km/h

Running performance: 4:07 min/km

Rank in course/Total: 5 (of 26)

Rank in course/Men: 5 (of 21)

Best time in course: 1:21:34

Rank in category: 3(of 5)

Best time in the category: 1:22:37