



## 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

### Detailed evaluation

**Wolfgang, Adam**

Club: Sc Impuls Erfurt

Number: 173

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:44:47

Speed: 12.02 km/h

Running performance: 4:58 min/km

Rank in course/Total: 10 (of 26)

Rank in course/Men: 10 (of 21)

Best time in course: 1:21:34

Rank in category: 4(of 6)

Best time in the category: 1:21:34