



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Enders, Benjamin

Club: WSV Ilmenau Alpin

Number: 786

Course: 10.50 km

10.5 km-Lauf

Category:

männliche Jugend A

Total time: 43:36

Speed: 13.76 km/h

Running performance: 4:09 min/km

Rank in course/Total: 12 (of 100)

Rank in course/Men: 12 (of 79)

Best time in course: 38:14

Rank in category: 2(of 3)

Best time in the category: 39:10