



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Bahrs, Sönke**

Club: Magdala

Number: 208

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:53:14

Speed: 11.13 km/h

Running performance: 5:22 min/km

Rank in course/Total: 15 (of 26)

Rank in course/Men: 15 (of 21)

Best time in course: 1:21:34

Rank in category: 5(of 6)

Best time in the category: 1:21:34