



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Ginglen, Mario

Club: Volleyballverein Grimma

Number: 764

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:17:53

Speed: 9.18 km/h

Running performance: 6:32 min/km

Rank in course/Total: 26 (of 26)

Rank in course/Men: 21 (of 21)

Best time in course: 1:21:34

Rank in category: 6(of 6)

Best time in the category: 1:21:34