



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Clauder, Marcus

Club: WSV Schmiedefeld

Number: 111

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M20

Total time: 45:30

Speed: 13.19 km/h

Running performance: 4:20 min/km

Rank in course/Total: 16 (of 100)

Rank in course/Men: 16 (of 79)

Best time in course: 38:14

Rank in category: 4(of 10)

Best time in the category: 41:03