



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Schadwinkel, Andy

Club: GMRV Langewiesen

Number: 138

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M35

Total time: 46:11

Speed: 12.99 km/h

Running performance: 4:24 min/km

Rank in course/Total: 22 (of 100)

Rank in course/Men: 22 (of 79)

Best time in course: 38:14

Rank in category: 5(of 9)

Best time in the category: 38:14