



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Herzberg, Anna**

Club: Katholische Laufjugend Arnstadt

Number: 122

Course: 10.50 km

10.5 km-Lauf

Category:

Frauen W20

Total time: 46:12

Speed: 12.99 km/h

Running performance: 4:24 min/km

Rank in course/Total: 23 (of 100)

Rank in course/Women: 1 (of 21)

Best time in course: 46:12

Rank in category: 1(of 3)

Best time in the category: 46:12