



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Seever, Torsten

Club: Katholische Laufjugend Arnstadt

Number: 161

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M35

Total time: 47:23

Speed: 12.66 km/h

Running performance: 4:31 min/km

Rank in course/Total: 28 (of 100)

Rank in course/Men: 27 (of 79)

Best time in course: 38:14

Rank in category: 6(of 9)

Best time in the category: 38:14