



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Rüdiger, David**

Club: LSV Lok Arnstadt

Number: 136

Course: 10.50 km

10.5 km-Lauf

Category:

männliche Jugend B

Total time: 47:48

Speed: 12.55 km/h

Running performance: 4:33 min/km

Rank in course/Total: 31 (of 100)

Rank in course/Men: 30 (of 79)

Best time in course: 38:14

Rank in category: 2(of 3)

Best time in the category: 42:27