



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Mayya, Iyead

Club: Ilmenau

Number: 128

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M30

Total time: 47:53

Speed: 13.16 km/h

Running performance: 4:34 min/km

Rank in course/Total: 32 (of 100)

Rank in course/Men: 31 (of 79)

Best time in course: 38:14

Rank in category: 5(of 8)

Best time in the category: 39:12