



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Schulz, Hartmut

Club: Ilmenauer Dream-Team

Number: 746

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M55

Total time: 48:35

Speed: 12.35 km/h

Running performance: 4:38 min/km

Rank in course/Total: 38 (of 100)

Rank in course/Men: 37 (of 79)

Best time in course: 38:14

Rank in category: 2(of 5)

Best time in the category: 47:07