



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Hausmann, Frank

Club: MSTC Gembdental

Number: 215

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M30

Total time: 39:12

Speed: 15.31 km/h

Running performance: 3:44 min/km

Rank in course/Total: 5 (of 100)

Rank in course/Men: 5 (of 79)

Best time in course: 38:14

Rank in category: 1(of 8)

Best time in the category: 39:12