



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Braunschweig, Marion

Club: WSV Ilmenau

Number: 59

Course: 10.50 km

10.5 km-Lauf

Category:

Frauen W50

Total time: 51:59

Speed: 11.54 km/h

Running performance: 4:57 min/km

Rank in course/Total: 56 (of 100)

Rank in course/Women: 3 (of 21)

Best time in course: 46:12

Rank in category: 1(of 2)

Best time in the category: 51:59