



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Neske, Reimund**

Club: Feuerwehr Viernau

Number: 213

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M45

Total time: 53:16

Speed: 11.26 km/h

Running performance: 5:04 min/km

Rank in course/Total: 61 (of 100)

Rank in course/Men: 57 (of 79)

Best time in course: 38:14

Rank in category: 9(of 10)

Best time in the category: 46:03