



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Protze, Rolf

Club: WSV Schmiedefeld

Number: 132

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M60

Total time: 53:52

Speed: 11.14 km/h

Running performance: 5:08 min/km

Rank in course/Total: 63 (of 100)

Rank in course/Men: 59 (of 79)

Best time in course: 38:14

Rank in category: 3(of 4)

Best time in the category: 47:54