



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Hahnemann, Norbert**

Club: SG Motor Arnstadt

Number: 121

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M50

Total time: 54:45

Speed: 10.96 km/h

Running performance: 5:13 min/km

Rank in course/Total: 67 (of 100)

Rank in course/Men: 63 (of 79)

Best time in course: 38:14

Rank in category: 4(of 5)

Best time in the category: 47:01