



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Ewald, Wolfgang

Club: Weimarer Spezialmontagen

Number: 763

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M55

Total time: 55:18

Speed: 10.85 km/h

Running performance: 5:16 min/km

Rank in course/Total: 71 (of 100)

Rank in course/Men: 66 (of 79)

Best time in course: 38:14

Rank in category: 5(of 5)

Best time in the category: 47:07