



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

Rietschel, Christine

Club: LSV Lok Arnstadt

Number: 212

Course: 10.50 km

10.5 km-Lauf

Category:

Frauen W50

Total time: 56:44

Speed: 10.58 km/h

Running performance: 5:24 min/km

Rank in course/Total: 75 (of 100)

Rank in course/Women: 8 (of 21)

Best time in course: 46:12

Rank in category: 2(of 2)

Best time in the category: 51:59