



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Dehmel, Gerhard**

Club: ThWV Ilmenau

Number: 762

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M65

Total time: 57:01

Speed: 10.52 km/h

Running performance: 5:26 min/km

Rank in course/Total: 76 (of 100)

Rank in course/Men: 68 (of 79)

Best time in course: 38:14

Rank in category: 1(of 4)

Best time in the category: 57:01