



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Stephan, Wolfhard**

Club: LG Frauenwald

Number: 791

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M50

Total time: 59:30

Speed: 10.08 km/h

Running performance: 5:40 min/km

Rank in course/Total: 79 (of 100)

Rank in course/Men: 69 (of 79)

Best time in course: 38:14

Rank in category: 5(of 5)

Best time in the category: 47:01