



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg

Number: 785

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M35

Total time: 1:02:03

Speed: 9.67 km/h

Running performance: 5:55 min/km

Rank in course/Total: 88 (of 100)

Rank in course/Men: 73 (of 79)

Best time in course: 38:14

Rank in category: 9(of 9)

Best time in the category: 38:14