



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

**Skibinski, Andreas-Mateas**

Club: VSG Rodewisch

Number: 163

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M70

Total time: 1:03:02

Speed: 9.52 km/h

Running performance: 6:00 min/km

Rank in course/Total: 90 (of 100)

Rank in course/Men: 75 (of 79)

Best time in course: 38:14

Rank in category: 3(of 4)

Best time in the category: 55:10