



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Appelbohn, Linda

Club: VSG Rodewisch

Number: 166

Course: 10.50 km

10.5 km-Lauf

Category:

Frauen W20

Total time: 1:04:06

Speed: 9.36 km/h

Running performance: 6:06 min/km

Rank in course/Total: 92 (of 100)

Rank in course/Women: 16 (of 21)

Best time in course: 46:12

Rank in category: 3(of 3)

Best time in the category: 46:12