



### 3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

#### Detailed evaluation

Helbig, Tina

Club: Thuringia Königsee

Number: 206

Course: 10.50 km

10.5 km-Lauf

Category:

weibliche Jugend A

Total time: 1:14:32

Speed: 8.05 km/h

Running performance: 7:06 min/km

Rank in course/Total: 98 (of 100)

Rank in course/Women: 21 (of 21)

Best time in course: 46:12

Rank in category: 2(of 2)

Best time in the category: 1:09:13