



23. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 24.08.2008

Detailed evaluation

Schirwinski, Frank

Total time: 2:37:26

Club: LTV Erfurt

Number: 83

Course: 51.50 km

Rank in course/Total: 58 (of 92)

stz-Werratal-Triathlon 1,5-40-10

Rank in course/Men: 53 (of 76)

Best time in course: 1:58:03

Category:

Rank in category: 7(of 10)

TM 45, Senioren 2

Best time in the category: 2:12:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	1.50	25:07	3.58	4	5:49	23	8:06	1.50	25:07	3.58	7	5:49	6	
Rad	40.00	1:24:40	28.35	9	16:51	70	21:48	41.50	1:49:47	22.68	7	19:53	6	
Lauf	10.00	47:39	12.59	7	6:37	46	12:36	51.50	2:37:26	19.63	7	24:54	53	39:23