



# 23. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 24.08.2008

## Detailed evaluation

**Bender, Frank**

**Total time: 3:19:44**

Club: Tann

Number: 101

Course: 51.50 km

Rank in course/Total: 91 (of 92)

stz-Werratal-Triathlon 1,5-40-10

Rank in course/Men: 76 (of 76)

Best time in course: 1:58:03

Category:

Rank in category: 14(of 14)

TM 40, Senioren 1

Best time in the category: 2:16:58

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	1.50	41:10	1.46	14	20:17	76	24:09	1.50	41:10	1.46	14	13:50	21	11:20
Rad	40.00	1:38:28	24.37	14	31:39	76	35:36	41.50	2:19:38	17.62	14	45:29	21	28:21
Lauf	10.00	1:00:06	9.98	14	19:09	75	25:03	51.50	3:19:44	15.32	14	1:02:46	76	1:21:41