



23. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 24.08.2008

Detailed evaluation

Ilgen, Volkmar

Total time: 1:00:19

Club: Kiesgrube Immelborn

Number: 363

Course: 14.60 km

Rank in course/Total: 14 (of 45)

Jedermann Cross-Triathlon 0,4-9,2-5

Rank in course/Men: 14 (of 38)

Best time in course: 51:32

Category:

Rank in category: 6(of 17)

Senioren

Best time in the category: 55:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	8:52	2.71	2	1:52	8	1:52	0.40	8:52	2.71	13			33
Rad	9.20	25:16	21.85	8	2:33	18	3:27	9.60	34:08	16.88	13			33
Lauf	5.00	26:11	11.46	7	2:36	20	4:24	14.60	1:00:19	14.52	6	4:21	14	8:47