



# 23. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 24.08.2008

## Detailed evaluation

**Ilgen, Volkmar**

**Total time: 1:00:19**

Club: Kiesgrube Immelborn

Number: 363

Course: 14.60 km

Rank in course/Total: 14 (of 45)

Jedermann Cross-Triathlon 0,4-9,2-5

Rank in course/Men: 14 (of 38)

Best time in course: 51:32

Category:

Rank in category: 6(of 17)

Senioren

Best time in the category: 55:58

### Intermediate times

### Stage score

### Total ranking

| Control   | Split | Split | Split | Pos  | Behind | Pos | Behind | Total | Total   | Total | Pos  | Behind | Pos | Behind |
|-----------|-------|-------|-------|------|--------|-----|--------|-------|---------|-------|------|--------|-----|--------|
|           | km    | Time  | km/h  | Cat. | Cat.   | Men | Men    | km    | Time    | km/h  | Cat. | Cat.   | Men | Men    |
| Schwimmen | 0.40  | 8:52  | 0.00  | 2    | 1:52   | 8   | 1:52   | 0.40  | 8:52    | 0.00  | 13   |        | 33  |        |
| Rad       | 9.20  | 25:16 | 21.37 | 8    | 2:33   | 18  | 3:27   | 9.60  | 34:08   | 15.82 | 13   |        | 33  |        |
| Lauf      | 5.00  | 26:11 | 11.46 | 7    | 2:36   | 20  | 4:24   | 14.60 | 1:00:19 | 13.93 | 6    | 4:21   | 14  | 8:47   |