



23. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 24.08.2008

Detailed evaluation

Fricke, Monika

Total time: 1:11:32

Club: AC Apolda

Number: 369

Course: 14.60 km

Rank in course/Total: 37 (of 45)

Jedermann Cross-Triathlon 0,4-9,2-5

Rank in course/Women: 6 (of 7)

Best time in course: 1:04:28

Category:

Rank in category: 3(of 3)

Seniorinnen

Best time in the category: 1:06:10

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|---------------|---------------|---------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.40 | 9:36 | 0.00 | 2 | 1:45 | 2 | 1:45 | 0.40 | 9:36 | 0.00 | 3 | 1:45 | 6 | |
| Rad | 9.20 | 28:59 | 18.63 | 1 | - | 3 | 1:53 | 9.60 | 38:35 | 14.00 | 3 | 0:36 | 6 | 0:26 |
| Lauf | 5.00 | 32:57 | 9.10 | 3 | 4:49 | 6 | 6:38 | 14.60 | 1:11:32 | 11.74 | 3 | 5:22 | 6 | 7:04 |