



# 23. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 24.08.2008

## Detailed evaluation

Fricke, Monika

Total time: 1:11:32

Club: AC Apolda

Number: 369

Course: 14.60 km

Rank in course/Total: 37 (of 45)

Jedermann Cross-Triathlon 0,4-9,2-5

Rank in course/Women: 6 (of 7)

Best time in course: 1:04:28

Category:

Rank in category: 3(of 3)

Seniorinnen

Best time in the category: 1:06:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	9:36	0.00	2	1:45	2	1:45	0.40	9:36	0.00	3	1:45	6	
Rad	9.20	28:59	18.63	1	-	3	1:53	9.60	38:35	14.00	3	0:36	6	0:26
Lauf	5.00	32:57	9.10	3	4:49	6	6:38	14.60	1:11:32	11.74	3	5:22	6	7:04