



# 23. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 24.08.2008

## Detailed evaluation

Lampe, Steffen

Total time: 1:16:06

Club: Tv 1910 Ronshausen

Number: 379

Course: 14.60 km

Rank in course/Total: 41 (of 45)

Jedermann Cross-Triathlon 0,4-9,2-5

Rank in course/Men: 35 (of 38)

Best time in course: 51:32

Category:

Rank in category: 15(of 17)

Senioren

Best time in the category: 55:58

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	11:51	2.03	13	4:51	30	4:51	0.40	11:51	2.03	4	1:15	16	0:57
Rad	9.20	30:54	17.86	16	8:11	35	9:05	9.60	42:45	13.47	4	7:18	16	4:42
Lauf	5.00	33:21	9.00	14	9:46	33	11:34	14.60	1:16:06	11.51	15	20:08	35	24:34