



23. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 24.08.2008

Detailed evaluation

Bodem, Olaf

Total time: 1:17:39

Club: Friedrichroda

Number: 386

Course: 14.60 km

Rank in course/Total: 42 (of 45)

Jedermann Cross-Triathlon 0,4-9,2-5

Rank in course/Men: 36 (of 38)

Best time in course: 51:32

Category:

Rank in category: 16(of 17)

Senioren

Best time in the category: 55:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	11:32	2.08	12	4:32	27	4:32	0.40	11:32	2.08	3	0:56	17	0:38
Rad	9.20	29:49	18.51	15	7:06	34	8:00	9.60	41:21	13.93	3	5:54	17	3:18
Lauf	5.00	36:18	8.26	17	12:43	37	14:31	14.60	1:17:39	11.28	16	21:41	36	26:07