



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

**Amarell, Ludwig**

Club: Triathlonclub Suhl  
Number: 161

Course: 10.50 km  
10.5 km-Lauf

Category:  
Männer M70

Total time: 52:52

Speed: 11.92 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 48 (of 95)

Rank in course/Men: 41 (of 64)

Best time in course: 37:52

Rank in category: 1(of 2)

Best time in the category: 52:52