



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Heymann, Peter

Club: Laufftreff Hohe Maas
Number: 234

Course: 10.50 km
10.5 km-Lauf

Category:
Männer M45

Total time: 53:26

Speed: 11.23 km/h
Running performance: 5:05 min/km

Rank in course/Total: 52 (of 95)

Rank in course/Men: 45 (of 64)

Best time in course: 37:52

Rank in category: 7(of 10)

Best time in the category: 44:18