



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Brinkmann, Lars

Club: Meiningen

Number: 233

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M30

Total time: 54:39

Speed: 11.53 km/h

Running performance: 5:12 min/km

Rank in course/Total: 61 (of 95)

Rank in course/Men: 53 (of 64)

Best time in course: 37:52

Rank in category: 7(of 7)

Best time in the category: 42:05