



5. Breitunger Pleßlauf  
Breitungen / 24.08.2008

Detailed evaluation

**Brandt, Sebastian**

Club: Fitnessoase Ohrdruf  
Number: 134

Course: 10.50 km  
10.5 km-Lauf

Category:  
Männer M20

Total time: 58:59

Speed: 10.68 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 71 (of 95)

Rank in course/Men: 58 (of 64)

Best time in course: 37:52

Rank in category: 9(of 10)

Best time in the category: 40:10