



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Schlieffe, Sibylle

Club: SV Mihla
Number: 124

Course: 10.50 km
10.5 km-Lauf

Category:
Frauen W40

Total time: 1:01:06

Speed: 9.82 km/h
Running performance: 5:49 min/km

Rank in course/Total: 77 (of 95)
Rank in course/Women: 16 (of 31)
Best time in course: 42:36

Rank in category: 3(of 5)
Best time in the category: 58:29