



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Schrader, Bernd

Club: PSV Meiningen
Number: 620

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:25:19

Speed: 14.77 km/h
Running performance: 4:02 min/km

Rank in course/Total: 4 (of 112)

Rank in course/Men: 4 (of 97)

Best time in course: 1:22:06

Rank in category: 1(of 18)

Best time in the category: 1:25:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	54:38	4:30	1	-	4	3:36	12.10	54:38	4:30	10	-	70	-
Friedenskampfbä	9.00	30:41	3:24	1	-	1	-	21.10	1:25:19	4:02	1	-	4	3:13