



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Mahrt, Jörg

Club: Stedtfelder Rennsteigfreunde
Number: 644

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:26:44

Speed: 14.53 km/h
Running performance: 4:07 min/km

Rank in course/Total: 5 (of 112)

Rank in course/Men: 5 (of 97)

Best time in course: 1:22:06

Rank in category: 2(of 18)

Best time in the category: 1:25:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Pleß	12.10	55:15	4:33	2	0:37	5	4:13	12.10	55:15	4:33	18			69	
Friedenskampfbä	9.00	31:29	3:29	2	0:48	4	0:48	21.10	1:26:44	4:06	2	1:25	5	4:38	