



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Montag, Tino

Club: SV Normania Treffurt
Number: 633

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:29:58

Speed: 14.01 km/h
Running performance: 4:16 min/km

Rank in course/Total: 6 (of 112)

Rank in course/Men: 6 (of 97)

Best time in course: 1:22:06

Rank in category: 2(of 7)

Best time in the category: 1:22:06

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	57:16	4:43	2	6:14	6	6:14	12.10	57:16	4:43	2	6:14	68	
Friedenskampfbä	9.00	32:42	3:38	2	1:38	6	2:01	21.10	1:29:58	4:15	2	7:52	6	7:52