



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Ernst, Frank

Club: Team Zahnschmiede
Number: 789

Course: 21.10 km
Halbmarathon Nordic Walking

Category:
Nordic Walking Männer

Total time: 2:40:21

Speed: 7.86 km/h

Rank in course/Total: 1 (of 13)

Rank in course/Men: 1 (of 8)

Best time in course: 2:40:21

Rank in category: 1(of 8)

Best time in the category: 2:40:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß	12.10	1:35:02	7.58	1	-	1	-	12.10	1:35:02	7.58	1	-	1	-
Friedenskampfbä	9.00	1:05:19	8.27	2	1:28	2	1:28	21.10	2:40:21	7.86	1	-	1	-