



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Becker, Lars

Club: SG Glücksbrunn Schweina
Number: 702

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:32:04

Speed: 13.69 km/h
Running performance: 4:22 min/km

Rank in course/Total: 7 (of 112)

Rank in course/Men: 7 (of 97)

Best time in course: 1:22:06

Rank in category: 1(of 21)

Best time in the category: 1:32:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	58:07	4:48	1	-	7	7:05	12.10	58:07	4:48	12	-	7	67
Friedenskampfbä	9.00	33:57	3:46	1	-	11	3:16	21.10	1:32:04	4:21	1	-	7	9:58