



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Montag, Holger

Club: Sv Normania Treffurt
Number: 103

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:33:40

Speed: 13.52 km/h
Running performance: 4:26 min/km

Rank in course/Total: 10 (of 112)

Rank in course/Men: 10 (of 97)

Best time in course: 1:22:06

Rank in category: 3(of 18)

Best time in the category: 1:25:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	fehlt!	-	-	-	-	-	12.10	-	-	-	-	-	-
Friedenskampfbä	9.00	1:33:40	10:24	17	1:02:06	96	1:02:59	21.10	1:33:40	4:26	3	8:34	10	11:34