



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Reinhardt, Horst

Club: Vicktoria Mechterstädt
Number: 695

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:35:19

Speed: 13.22 km/h
Running performance: 4:31 min/km

Rank in course/Total: 13 (of 112)

Rank in course/Men: 13 (of 97)

Best time in course: 1:22:06

Rank in category: 2(of 21)

Best time in the category: 1:32:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:00:50	5:01	2	2:43	11	9:48	12.10	1:00:50	5:01	21			62
Friedenskampfbä	9.00	34:29	3:49	3	0:32	13	3:48	21.10	1:35:19	4:31	2	3:15	13	13:13