



5. Breitunger Pleßlauf

Breitungen / 24.08.2008

Detailed evaluation

Krug, Salomon

Club: Cross COUNTRY LICKING HIGH SCHOO
Number: 729

Course: 21.10 km
Halbmarathon

Category:
männliche Jugend A

Total time: 1:39:13

Speed: 12.70 km/h
Running performance: 4:42 min/km

Rank in course/Total: 19 (of 112)

Rank in course/Men: 19 (of 97)

Best time in course: 1:22:06

Rank in category: 1(of 2)

Best time in the category: 1:39:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:02:43	5:10	1	-	16	11:41	12.10	1:02:43	5:10	1	-	56	
Friedenskampfbä	9.00	36:30	4:03	1	-	21	5:49	21.10	1:39:13	4:42	1	-	19	17:07