



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Link, Dietmar

Club: SV TU Ilmenau
Number: 651

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 1:40:15

Speed: 12.57 km/h
Running performance: 4:45 min/km

Rank in course/Total: 23 (of 112)

Rank in course/Men: 23 (of 97)

Best time in course: 1:22:06

Rank in category: 1(of 6)

Best time in the category: 1:40:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:03:19	5:13	1	-	21	12:17	12.10	1:03:19	5:13	1	-	52	
Friedenskampfbä	9.00	36:56	4:06	1	-	26	6:15	21.10	1:40:15	4:45	1	-	23	18:09