



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Ulrich, Jan

Club: Schmalkalden LV
Number: 694

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:41:15

Speed: 12.44 km/h
Running performance: 4:48 min/km

Rank in course/Total: 25 (of 112)

Rank in course/Men: 25 (of 97)

Best time in course: 1:22:06

Rank in category: 7(of 18)

Best time in the category: 1:25:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	1:05:11	5:23	7	11:39	29	14:09	12.10	1:05:11	5:23	6	11:39	50	
Friedenskampfbä	9.00	36:04	4:00	5	4:30	18	5:23	21.10	1:41:15	4:47	7	16:09	25	19:09