



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Herbst, Thomas

Club: Rhöner WSV
Number: 771

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:43:07

Speed: 12.22 km/h
Running performance: 4:53 min/km

Rank in course/Total: 33 (of 112)

Rank in course/Men: 33 (of 97)

Best time in course: 1:22:06

Rank in category: 9(of 18)

Best time in the category: 1:25:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:05:24	5:24	8	11:52	31	14:22	12.10	1:05:24	5:24	8	11:52	89	
Friedenskampfbä	9.00	37:43	4:11	8	6:09	34	7:02	21.10	1:43:07	4:53	9	18:01	33	21:01