



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Kuttkat, Dirk

Club: RSV Meiningen
Number: 682

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 1:43:53

Speed: 12.13 km/h
Running performance: 4:55 min/km

Rank in course/Total: 35 (of 112)

Rank in course/Men: 34 (of 97)

Best time in course: 1:22:06

Rank in category: 2(of 6)

Best time in the category: 1:40:15

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Pleß	12.10	1:03:59	5:17	2	0:40	25	12:57	12.10	1:03:59	5:17	2	0:40	88	
Friedenskampfbä	9.00	39:54	4:26	2	2:58	50	9:13	21.10	1:43:53	4:55	2	3:38	34	21:47