



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Römhild, Thomas

Club: Bremen
Number: 683

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:44:00

Speed: 12.12 km/h
Running performance: 4:56 min/km

Rank in course/Total: 36 (of 112)

Rank in course/Men: 35 (of 97)

Best time in course: 1:22:06

Rank in category: 4(of 7)

Best time in the category: 1:22:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	12.10	1:07:04	5:32	4	16:02	37	16:02	12.10	1:07:04	5:32	4	16:02	87	
Friedenskampfbä	9.00	36:56	4:06	4	5:52	26	6:15	21.10	1:44:00	4:55	4	21:54	35	21:54