



5. Breitunger Pleßlauf
Breitungen / 24.08.2008

Detailed evaluation

Friedl, Horst

Club: TSV Hoechheim
Number: 703

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 1:44:42

Speed: 12.03 km/h
Running performance: 4:58 min/km

Rank in course/Total: 37 (of 112)

Rank in course/Men: 36 (of 97)

Best time in course: 1:22:06

Rank in category: 3(of 7)

Best time in the category: 1:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	12.10	1:07:07	5:32	3	4:10	38	16:05	12.10	1:07:07	5:32	3	4:10	86	
Friedenskampfbä	9.00	37:35	4:10	3	1:52	33	6:54	21.10	1:44:42	4:57	3	6:02	36	22:36